



Bedford Recreation Department

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www.bedfordrecreation.org

Callahan's Karate

Richard and Winnie Callahan are the owners of Callahan's Karate Studio located at 20 North Road behind Bedford Farms Ice Cream.

Richard is a Bedford native and a Fifth Degree Black Belt in Kenpo Karate. Winnie is a Fourth Degree Black Belt in Kenpo Karate. Richard has been teaching Karate to students of all ages for more than 20 years.

Callahan's Karate trains over 450 students each week and has been in business in Bedford for 17 years.

Other senior instructors teaching on a daily basis at Callahan's are: Martin Clements a Fourth Degree Black Belt and Jay Gonzalez also a Fourth Degree Black Belt.

Callahan's Karate has won numerous awards over the years with a Top Ten School in the nation award presented by United Professionals and Black Belt Schools International.

